



HOPE FARM MEDICAL CENTRE

Hope Farm Road, Great Sutton, Ellesmere Port CH66 2WW
Telephone: 0151-357 3777 Fax: 0151-357 1444

Drop-in Clinics for Carers

The last Thursday of every month

Next clinic: Thursday 25th February 2016

Venue: Hope Farm Medical Centre

Timing: 2pm – 4pm

Are you caring for someone?

In partnership with Carol from the Carers Trust, Hope Farm Medical Centre are facilitating a drop-in clinic for anyone who is caring for someone, being cared for or would like any help, support or information on how the practice and the Carers Trust can support those in a caring role. This support is available to everyone in a caring role; whether you are working or not and to all ages.

The government have recognised that 1 in 10 of us will be in a caring role sometime in our lives, and the practice and the Carers Trust wants to provide you with the information and support to prepare you for those times.

You don't need to make an appointment to see Carol, just call into the practice between 2pm and 4pm and ask to speak to Carol and for a cup of tea or coffee.

How can the Carers Trust support you:

- ✓ Benefits/Entitlement Checks
- ✓ Parent Carer information, support and breaks
 - ✓ Support to plan for emergencies
 - ✓ Support for carers who are employed
 - ✓ Meet other carers and share experiences
 - ✓ Information, advice and one-to-one support

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